

CAST

Community Assets Supporting Transitions

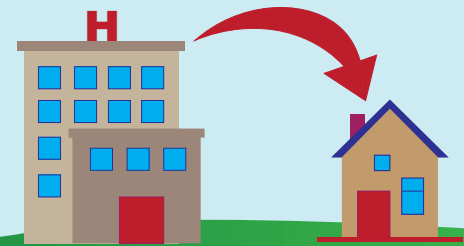


Aging, Community
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WHAT IS CAST?

A nurse-led, community-based program to support:

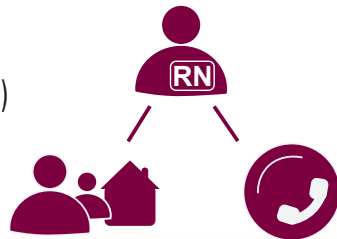
- ✓ Older adults with symptoms of depression & other long-term health problems
- ✓ Discharge planning and transitioning from hospital to home



HOW WILL SUPPORT BE OFFERED?

A Registered Nurse will make:

- ✓ Home visits (1-2)
- ✓ Telephone calls (4+)



WHAT ARE THE PROGRAM GOALS?

- ✓ Improve care for older adults who are moving from hospital to home
- ✓ Help older adults manage their health
- ✓ Help providers work together to deliver home and community care

CORE FEATURES OF THE PROGRAM



Linking patients
& their caregivers
with needed
services &
supports



Reviewing the
drugs that
patients are
taking



Assessing
patients'
health



Building
patients' skills in
problem-solving
& coping



Providing
education to
patients
& caregivers

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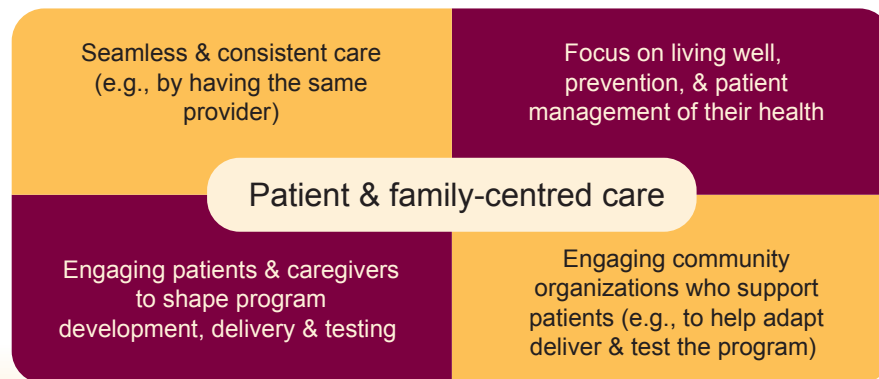
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PRINCIPLES OF THE CAST PROGRAM



WORKING WITH EACH COMMUNITY

This nurse-led, community-based program will be:

- ✓ Adapted to meet community needs
- ✓ Built on community strengths

STUDY STEPS



PARTNERSHIP MODEL

