

Will you be paid and acknowledged?

Absolutely! As a Patient and Public Research Partner, you will be paid for your time and travel costs. Your input will be acknowledged, as we value your insights.

What is your commitment?

You can decide with the research team what activities interest you most.

As a research partner, you can decide how much time you can commit.

You can decide when you want to start and stop taking part in the research.

To learn more, see our website achru.mcmaster.ca for the additional brochures in this series and related information.



Aging, Community
and Health
RESEARCH UNIT

LABARGE
Optimal Aging
INITIATIVE

What is the Aging, Community and Health Research Unit?

The Aging, Community and Health Research Unit is a group of researchers at McMaster University who are working together with Patient and Public Research Partners, health and social services providers, and policy makers to do research.

Our goal is to:

- To promote optimal aging at home for older adults with multiple chronic conditions, and
- To support their family and caregivers.

Visit our website at achru.mcmaster.ca

Developed together with Patient and Public Research Partners, and funded by the Labarge Optimal Aging Initiative.

To learn more about the Aging, Community and Health Research Unit or becoming a Patient and Public Research Partner: Call Joanne at **905.525.9140 ext. 20378**

Email: achru@mcmaster.ca



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STAGE 4: Sharing findings

How can Patient and Public Research Partners contribute to sharing results?



McMaster
University 

How do we share research results?

Once a research project is done, the next step is to share the research processes used and the key messages. This is called **disseminating**.

It is important to share research with groups of people who would find it useful or interesting. These people may include policy makers, health care providers, the public, and other stakeholders.

Patient and Public Research Partners can support the dissemination of research findings.



Ways to share results	Who is the audience?	Examples
Reports	<ul style="list-style-type: none">• Decision makers and policy makers• Funders	A report to the Ministry of Health about the outcomes and costs of a new way of delivering care.
Academic papers	<ul style="list-style-type: none">• Researchers• Students• Health and social care providers• The general public	A scientific paper published in the Canadian Medical Association Journal that includes a detailed description of the research process and results.
Articles for the public	<ul style="list-style-type: none">• The general public• Groups of people who are interested in specific topics	An article in a local newspaper resulting from the research, such as a story about caregivers.
Presentations at scientific meetings	<ul style="list-style-type: none">• Researchers• Students• Funders• Health and social care providers• The general public• Policy makers	A formal research presentation including the background, research questions, methods, results, and conclusions.
Presentations to the public	<ul style="list-style-type: none">• The general public• Groups of people who are interested in specific topics	Local presentation at a seniors' center about the results of a study related to managing diabetes.